

Message from the Editor



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Dear Health Psychology and Behavioural Medicine Section Members,

I hope this message finds you well as we welcome the summer season. I'm looking forward to seeing many of you in Montréal for the CPA's 87th Annual National Convention! In this newsletter, you'll find highlights from the Health Psychology and Behavioural Medicine Section. There are many presentations worth attending and posters worth visiting!

On Day 1, presentations explore partner responsiveness and inflammation, supportive care in endometrial cancer, suicidal behaviours in university students, mindful eating post-bariatric surgery, behaviour change techniques for physical activity in students with disabilities, and mental health's link to cardiac function in public safety personnel. A workshop on CBT for chronic pain management rounds out the day.

On Day 2, the program opens with a panel on career pathways in health psychology and a symposium on lifestyle behaviours and youth mental health, followed by talks on social control in couples, accountability in practice, emotional narratives in public policy, fear of cancer recurrence, and climate adaptation behaviours among fishermen.

On Day 3, the final day features a symposium examining how gender shapes pain experiences, along with a snapshot session presenting additional research.

This edition also features knowledge translation initiatives, calls to action, and upcoming conference opportunities!

Finally, I warmly invite you to join us for the Section's Annual General Meeting and reception on Friday, June 4, at 4:30 p.m., we'd love to see you there. Don't miss our invited speaker, Dr. Samira Rahimi, who will be presenting on Friday, June 4, on the topic "Applying Artificial Intelligence to Promote Health and Well-Being in Older Adults."

Enjoy the newsletter and see you soon!
Vincent Gosselin Boucher